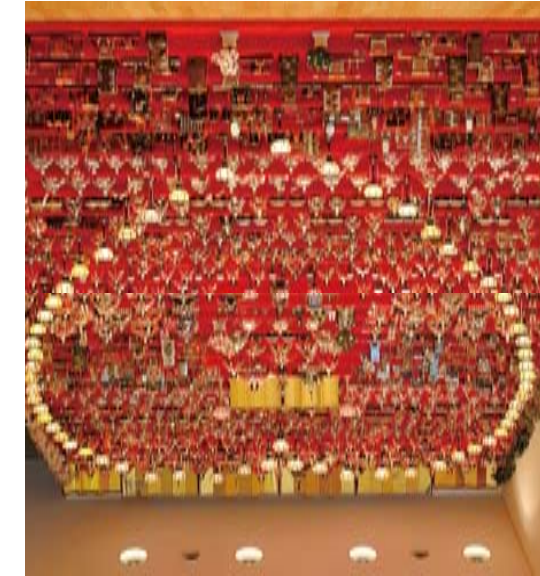


Have some thing-ware, it's good!

FEB. MAR. APR



6Meter-high,30Row
Super HINAKAZARI!!
At the World Folk Doll Museum from the end of Jan.
to the middle of Apr.



The Gion Matsuri is a traditional festival that is held every year in July. It is a Japanese traditional event which is held to give hope for the growth of young girls. All of the dolls in their show cases. At the Festival on March 3rd. From February to March, stores and museums cooperate and display dolls in their show cases. At the World Folk Doll Museum, 1,000 dolls are exhibited on 30 rows of stairs. It prides itself as being the highest in Japan.

21-25 JULY



This is Suzaka's summer festival (The Festival of the Dance). Once upon a time when Suzaka City prospered in the spinning business, "Suzaka Kouta" (the Suzaka Ballad) was made as the song of spinning companies. Katakata expresses the sound of the spinning wheel turning. One midsummer night, the residents dance to Suzaka Kouta and their shouts of joy echo through this town of storehouses.

JULY

SHINSHU SUZAKA

Oidenashite! (Welcome to Suzaka City!)

Suzaka City is located in the alluvial fan of the east of Nagano City, across the Chikuma River.

From the end of the Meiji period to the Taisho period, the city developed through a thriving spinning business. Many store houses and older buildings still remain along city streets. We affectionately call Suzaka, "Kura no machi" (the town of store houses), which has a friendly, nostalgic ring.

Suzaka City is surrounded by the splendid nature of northern Shinano, including Hokushin Gogaku (the five mountains of northern Nagano), as well as the Minenohara Highlands. Suzaka City is famous for the thousands of cherry blossoms that bloom in spring around the pond in Garyu Park, and it is also famous for the delicious autumn fruits produced here such as apples and grapes. Yottokurai! (Take a stroll through Suzaka, our hometown, full of history and nature.)

A corridor of cherry blossoms is reflected on the pond.
The night view of cherry blossoms is simply fantastic.



GARYU PARK

Garyu Park is a place of scenic beauty, where a number of historical ruins remain among the quiet pinewoods. In spring, the delicate but dazzling cherry blossoms are in full bloom, and attract many visitors. The pinewoods have been chosen as one of the 100 finest pinewoods in Japan, and the park has been chosen as one of the 100 best places to view cherry blossoms.

Also in the area, you can enjoy a zoo, a fresh water aquarium, and a variety of sports facilities. All of this, along with the park's natural beauty, means the park is loved by everyone.



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I'm Hatchi!
I'll honorary director of
Suzaka Zoo since 2009



A VILLAGE SHRINE, SHIBAMIYA (SUMISAKA JINJA SHRINE)

A village shrine, Shibamiya, has been loved and protected by Suzaka citizens for a long time. Along the road approaching the shrine, you will see twenty-four stone lanterns sculptured with the twelve animals of the zodiac. Once you pass the first red wooden torii (sacred arch) and the second stone torii, you will find the shrine surrounded by quiet woods.



TANAKA HONKE MUSEUM



It's like
we
traveled
back in time!

Open Apr - Nov: 9:00 a.m. - 5:00 p.m.
Closed the middle Dec - 3 Jan and the days
Dec - Mar: 9:30 a.m. - 4:30 p.m.
Closed 29 Dec - 3 Jan
Phone: 026-248-8008
<http://www.tanaka-honke.org>

Tanaka Honke, an old merchant family originating from the middle of the Edo period (1733) still to this day keeps a large number of cultural inheritances which impart on us traditional Japanese lifestyles. The premises (approximately 10,000 m²) include a beautiful Japanese style garden and clay storehouses which are used as galleries. In these galleries, pottery, lacquerware, floral costumes, paintings, toys, and other articles handed down from generation to generation are on display. The museum also introduces the food culture of the Edo period, as well as wedding traditions. The museum plays a critical role in transmitting Japanese traditional life-style and culture from modern ages onward, and a great part of our collection is under review.

A million azaleas are dancing in the winds. They bloom in burning crimson as far as the eye can see.

GOMIIKE HAFU HIGHLAND PARK

A million azaleas dance in the winds on the west of Mt. Hafudake, 1999 meters above sea level. Mt. Hafudake forms the boundary between Gunma and Nagano prefectures. In early summer the colorful azaleas are in full bloom. The background view of Zenkoji-daira basin and the notable five mountains of Hokushin Gogaku, set in the Northern Alps, is truly magnificent.

The two waterfalls spilling over the mountainside raise a roaring sound in this otherwise quiet valley.

YONAKO FALLS



This waterfall was used for mental training.

The air is fresh!



This waterfall was used for mental training.

Gongen Daki (Gongen Falls, a 75 meter waterfall) and Fudo Daki (Fudo Falls, an 85 meter waterfall), which have their sources in Mt. Nekodake and Mt. Azumayasan respectively, reverberate the sound of their roaring water deep in the mountains and valleys. These falls were chosen as one of the 100 finest falls in Japan. Fudo Daki has been known as a place of a purification ceremony, where you can see many pilgrims purifying themselves with the water in the summer.

SUBA

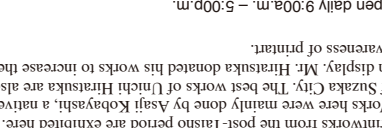
Shinshu (Nagano Prefecture) is famous for its handmade foods such as soba.



Thanks to the intense difference between the heat and cold, the climate of Suzaka City is suitable for the production of miso. High quality miso is made from a combination that has been passed from generation to generation. There are storehouses where you can observe the process of making miso.

MISO

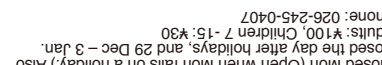
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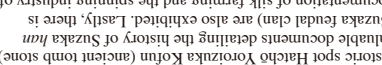
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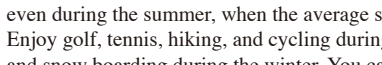
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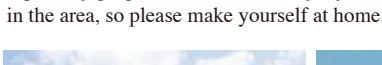
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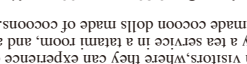
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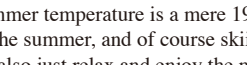
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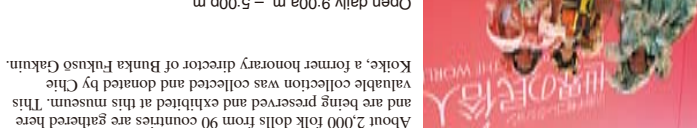
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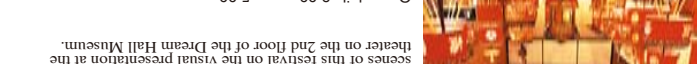
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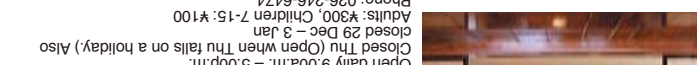
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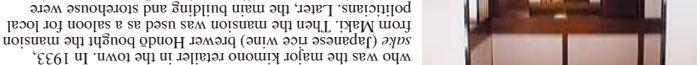
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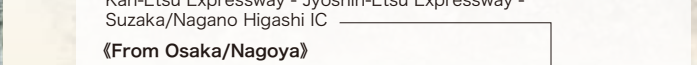
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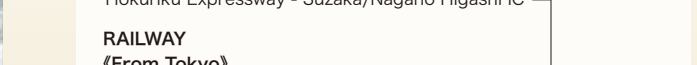
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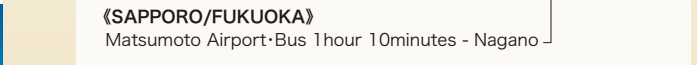
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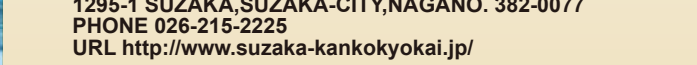
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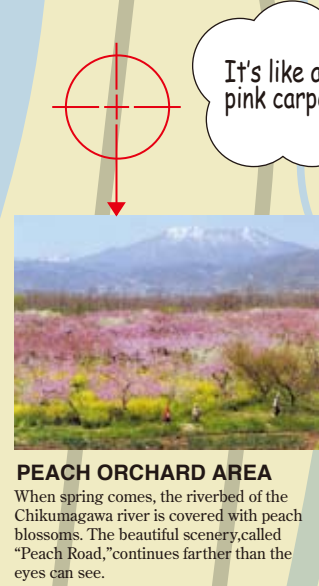
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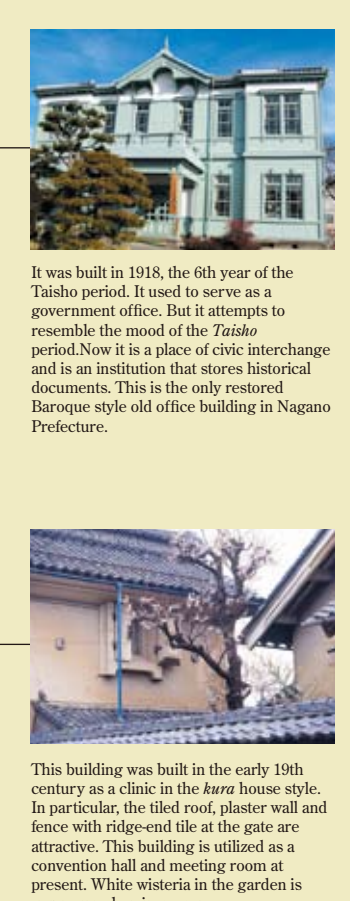
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WELCOME TO SUZAKA



PEACH ORCHARD AREA
When spring comes, the riverbed of the Chikumagawa river is covered with peach blossoms. The beautiful scenery called "Peach Road," continues farther than the eyes can see.



It was built in 1918, the 6th year of the Taisho period. It used to serve as a government office. But it attempts to resemble the mood of the *Taisho* period. Now it is a place of civic interchange and is an institution that stores historical documents. This is the only restored Baroque style old office building in Nagano Prefecture.

This building was built in the early 19th century as a clinic in the *kura* house style. In particular, the tiled roof, plaster wall and fence with ridge-end tile at the gate are attractive. This building is utilized as a convention hall and meeting room at present. White wisteria in the garden is gorgeous when in season.



INFORMATION ABOUT AREA SURROUNDING SUZAKA



NAGANO
National treasure ZENKOJI Temple was called "ZENKOJI-SAN" and it is linked to the old days of peace. From the highway, please get off at Joshinetsu Expressway, Suzaka-Nagano Higashi Interchange. From Suzaka Station, it is 15 minutes by a limited express on the Nagano Electric Railway.

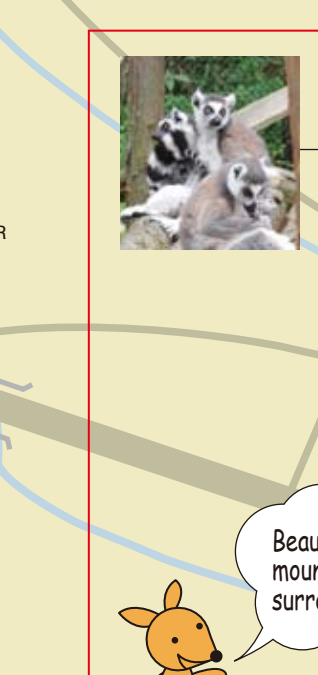


OBUSE
OBUSE-MACHI is a famous town of HOKUSAI KATSUSHIKA (ukiyo-e artist). It is adjacent to the north of Suzaka City, and linked by SHINSHU FRUIT KAIDO (road). It's famous for Japanese confectioneries of chestnuts.



TAKAYAMA
TAKAYAMA ONSENKYO (The hotspring village) is dotted with 7 hot springs along a ravine. It's about 15-30 minutes by car from Suzaka City. The highlight is a waterfall full of cool feelings and autumn colored leaves. It is a good drive.

SIGHTSEEING SPOT 観光地 (KANKOCHI)	SHRINE 神社 (JINJA)	TOILET(LAVATORY) トイレ (TOIRE)	PARKING 駐車場 (CHUSHAJU)
MUSEUM 博物館 (HAKUBUTSUKAN・BIJUTSUKAN)	TEMPLE 寺 (TERA)	INFORMATION 案内所 (ANNAJU)	HOT SPRING 温泉 (ONSEN)
RESTAURANT レストラン (RESUTORAN)	CONVENIENCE STORE コンビニエンスストア (CONBINENSU SUTOA)	SUPERMARKET スーパーマーケット (SUPAMAKETTO)	ACCOMMODATION 宿泊施設 (SHUKUHAKUSHISETSU)
		VIEW POINT ビューポイント (BYUPOINTO)	



FIVE MOUNTAINS IN NORTHERN NAGANO
In northern Nagano, there are five mountains whose altitude exceed 2,000 meters. Collectively, they are affectionately called "HOKUSHIN GOGAKU" (GO means 5, GAKU means mountain). We can see them from almost anywhere in Suzaka City, but the beauty of these mountains can be appreciated most on a fine day.



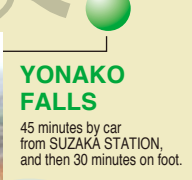
MT. NEKODAKE
Mt.Nekodake (2207 meters above sea level) is located in southeastern Suzaka City. Sugadaira, a highland which lies at the foot of Jyoshinetsu Kougen National Park, spreads out quite a distance. There, you can bring a lunch and enjoy a hiking course all year round. Why don't you enjoy the nature that Suzaka has to offer today?



It is a confidence temple with a history of 1,000 years. This is one of the three largest temples dedicated to Fudoshin. A lot of people come and pray for family security and business prosperity. This temple is located on the way to the Yonako Falls, and easy to find.



MINENOHARA HIGHLAND RESORT
40 minutes by car from SUZAKA STATION.



YONAKO FALLS
45 minutes by car from SUZAKA STATION, and then 30 minutes on foot.

SUNSET VIEW POINT
PENSION VILLAGE

CROSS-COUNTRY COURSE

SKI & SNOWBOARD AREA

to UEDA